



PARAMOUNT UNIFIED SCHOOL DISTRICT

GREAT THINGS ARE HAPPENING IN PARAMOUNT SCHOOLS



Social-Emotional Learning Support Plan

Board Meeting –October 12, 2020

Dr. Ruth Pérez, Superintendent

Dr. Greg Francois, Director, Secondary Education

Wendy Crockett, School Counselor, Paramount HS West Campus

Lucy Duran, School Social Worker, Paramount HS West Campus

Sheryl Ramirez, School Counselor, Zamboni Middle School



Purpose of the Presentation

- Describe how PUSD's Strategic Plan addresses social-emotional learning as a district priority.
- Learn how the resources within the Social-Emotional Learning Support Plan will be used to support the delivery of social-emotional support services to students, staff and families.
- Share innovative ways that technology is being used to support our stakeholders.



PUSD's Strategic Plan



Positive School Climate and Environments Conducive to Learning

Goal #1: Decrease overall suspension, truancy and chronic absentee rates for all students to ensure no student group is overrepresented in them

Goal #2: **Create positive, supportive and caring relationships between all students, teachers, site leadership and district leadership**

Goal #3: Create a safe and civil learning environment for all stakeholders that incorporates restorative practices

Goal #4: All school facilities will be clean, orderly, well maintained and modern



PARAMOUNT UNIFIED SCHOOL DISTRICT

PREPARING STUDENTS FOR COLLEGE AND CAREERS

Current Reality with COVID-19 Pandemic

- Essential need to have a comprehensive plan to provide support and community resources to students, staff and families.
- Major need for having a systematic approach to address the isolation, anxiety, grief, loss and decline in socialization that has affected our school community.
- Critical need to teach stakeholders how to recognize, manage and balance their emotional upheaval with the safety and guidance through our collaboration and compassionate lens as educators.
- SEL is a process to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions.



PARAMOUNT UNIFIED SCHOOL DISTRICT

PREPARING STUDENTS FOR COLLEGE AND CAREERS

BTS SEL Taskforce Committee Members

Name	School	Role
Lizette Canales	LACOE	Community Schools Initiative Member
*Wendy Crockett	PHS-West	School Counselor
Abigail Cuthbert	Paramount Park	School Counselor
Maria Dominguez	District/Special Education	School Psychologist
*Lucy Duran	PHS-West	School Social Worker
*Greg Francois	District	Director
Kelly Gray	Buena Vista/CDS	School Social Worker
Maureen Melgaard	Jackson	School Counselor
Kelsey McDonald	PHS	School Counselor
*Jim Monico	District	Director
*Nadya Nieto	Gaines	School Counselor
Osiris Pardo	District	Curriculum Specialist
*Sheryl Ramirez	Zamboni	School Counselor
Fatima Ruiz	Los Cerritos	School Counselor
Julie White	District	Foster Youth Coordinator
Julia Whorton	District/Special Education	Behavior Specialist

* Denotes final SEL Committee Member that worked collaboratively to create the document.



BTS SEL Taskforce Committee Meetings

Date	Focus
5/8/20	Data Review; Professional Reading; Sharing of Best Practices
5/14/20	Delivery of Services to Students, Teachers and Parents; Needs Assessment; Physical Distance Measures
5/21/20	Five Guidelines for the Delivery of SEL
5/28/20	Delivery of Services to Students, Teachers and Parents; Examined Ways Other Districts are Addressing SEL
6/4/20	SEL Draft Review & Feedback
6/11/20	Recommendations for SEL Support
7/15/20	Collection of Resources; Sharing of Best Practices; Document creation
7/22/20	SEL Draft Review & Input
7/30/20	Final SEL Review & Feedback



Five Guidelines for the Delivery of Social-Emotional Support Services to Students, Teachers and Families in 2020-21

- Provide multi-level supports in the fall for the impact of physical distance measures and distance learning for all stakeholders. Provide support for students, teachers and parents.
- Systematically identify students in need of additional support with the incorporation of needs assessment surveys, involve teachers and parents and deliver services accordingly.
- Offer individual and group counseling to stakeholder groups to overcome stress and anxiety.
- Support staff on each campus to facilitate ongoing teacher professional development on such topics as trauma informed practices, grief/delayed grief, privilege, bias, racism, empathy and the importance of self-care and wellness.
- Support staff members to advertise and provide school and community resources for all stakeholders.



Delivery of Social-Emotional Supports to Staff

Supporting our teachers to understand the social-emotional needs of students and to establish positive relationships with them in virtual environments.

Sample best practices include:

- Provide ongoing professional development to staff
- Emphasize “Maslow over Bloom”
- Share tips with teachers on meeting the socio-emotional needs of students
- School social workers and school counselors working collaboratively with staff to connect them with community partners



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PREPARING STUDENTS FOR COLLEGE AND CAREERS

Delivery of Social-Emotional Supports to Students

Helping our students to understand and manage emotions, set goals, show empathy for others, establish positive relationships and make responsible decisions.

Sample best practices include:

- Facilitating mini guidance lessons
- Providing mindfulness and coping resources
- Facilitating individual and small group counseling sessions with students
- Building community via virtual restorative circles



Delivery of Social-Emotional Supports to Families

The constantly evolving COVID-19 Pandemic situation may create significant stress and uncertainty for those charged with caring for children at home. The unpredictable and uncontrollable nature of this crisis creates anxiety and a sense of helplessness.

Sample best practices include:

- Facilitating support groups/workshops
- Setting up virtual office hours
- Providing community resources



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Using Technology to Support SEL Delivery

Secure online platforms: Google Meets, Google Voice and Schoology Conference

Sample best practices include:

- Wellness course in Schoology
- Virtual calming rooms:
<https://sites.google.com/view/westcampusvirtualcalmingroom/>
- Virtual guidance offices:
https://phswest.pusdschools.net/apps/pages/index.jsp?uREC_ID=779108&type=d&pREC_ID=1177201



SEL Plan Share-out

Date	Focus	Audience
August 24, 2020	K-8	Teachers, Curriculum Specialists, School Counselors, Social Workers, School Psychologists, Administrators
September 2, 2020	9-12	Teachers, Curriculum Specialists, School Counselors, Social Workers, Administrators
September 16, 2020	Site and District Leadership Team Review	K-5 Principals
September 23, 2020	Site and District Leadership Team Review	6-8 Principals
September 24, 2020	Site and District Leadership Team Review	9-12 Principals



What's Next?

- Follow-up during monthly school counselor/social worker meetings on SEL Plan implementation
- Feature SEL Plan on the PUSD Website
- Curriculum specialists to continue to work with teachers to embed SEL into the curriculum
- School social workers and school counselors to utilize plan to create and deliver ongoing workshops for parents